

Walks - Activities

Welcome to our March/April walks program. This is a nice time of year for bushwalking and we have an excellent program for you.

One highlight is the annual Six Foot Track Walk in a Day on April 01. Each year about 30 foolish NPA members complete this long walk (mostly with very sore feet!) and then enjoy a pleasant evening BBQ at Jenolan Caves. Lots of fun - so if you are interested see the details in this Program. We also need people to meet the group at various points and help with the BBQ. So if you can help (it is a lot of fun too!) please contact me.

Information about NPA Walks

Want to know more about bushwalking or NPA activities? Contact any of the following NPA members -

Richard Thompson 9144 1392 (eve - 7-9 pm)

Steve Bennetts 9411 4908 (evenings)

Henry Roda 9948 2715 (daytime and evenings)

Enjoy Your Walking!

**Richard Thompson,
Sydney Branch Field Activities
Coordinator**

Walks/Activities Deadlines

May - Jun

Feb 04

July - Aug

Apr 07

For more information about leading walks please contact Richard Thompson 9144 1392 (after 7pm) or richard@ips.gov.au

SHARING TRANSPORT COSTS

When transport is arranged by private car it is normal for passengers to share the costs with the driver.

Taking into account some of the extra costs of running a car, the following formula is suggested:

- Calculate the contribution of each person by doubling the cost of fuel and dividing by the number of occupants.
- Share equally any additional costs such as park entry fees and so on.

For example if fuel costs \$30, a single passenger (plus the driver) pays \$30. For two passengers, each will contribute \$20.

Many NPA activities rely on the generosity of drivers in providing transport and this suggestion does not fully compensate for their costs. Please make sure that you do contribute.

No Need to Contact Leader Walks

Inexperienced walkers should contact the leader (if phone no given) or one of the NPA contact people (see left-hand column) before going on one of these walks

HELP! Your NPA committees work hard to have more and more national parks declared for the protection of their natural features and for your enjoyment. Please consider giving up a little of your time to help on our hard-working Sydney Branch Committee. Ring Peter Caldwell on 9439 4915 or Heather Roy 9918 9259

29 Feb Tue **South Coast** Sydney

Easy/med day walk 8-10km

Jean Blackman

7.58am train Central (country plat) to Port Kembla, change train for Wollongong. Meet leader for walk around rock platform and beaches, swim

1 Mar Wed **Suburban coastal** Sydney

70m asc 16km all on roads or tracks, some slippery
Ralph Newbould 9579 4889 not Tue eve and never 6-8pm. Phone only if query

Watsons Bay to Coogee along coast. 8.52am New South Head Rd at Edgecliffe Stn for Bus No 324 to Watsons Bay. Get off at approx 9.16am at Macquarie Lighthouse

4 Mar Sat **Sydney Harbour NP** Sydney

Easy/med day walk 1 steep climb 12-14km

Jean Blackman

Meet leader at Quay, 8.50am ferry to Cremorne Pt. Walk to Spit Bridge from Balmoral. Opt rock walk/road. Swim

4 Mar Sat **Nowra** Illawarra

16km flat water paddle

Jennifer and Col Meharg 4229 2629

Paddle Wandandian Ck & Sussex Inlet, S of Nowra - estuary with tributaries and surprises. PFDs compulsory

4 Mar Sat **Blue Mountains NP** Sydney

Easy/med canyon 300m asc 8.5km off track, creek wading, rock hopping

Diane More & Peter Fox (h) 9799 9402 (w) 9662 5741

Birrabang Canyon. Beautiful little canyon with no abseils. Map: Mt Wilson. Limit 12

5 Mar Sun **Blue Mountains NP** Sydney

Day walk 650m asc 9km 50% track, off track incl creek walking, rock hopping, scrambling

Henry Roda 9948 2715 until 9pm

Wentworth Falls - Valley of Waters - Prince Regents Glen - Lawton Ck - Gladstone Pass

Lawton Ck is very scenic and Gladstone Pass is superb. A LONG DAY! Possible swim. Map: Katoomba. Limit 12

5 Mar Sun **Longpoint** Illawarra

12km, 400m asc/desc

Jennifer and Col Meharg 4229 2629

Magnificent views of the Shoalhaven Gorge then a long descent to Lake Louise and swimming

5 Mar Sun **Lower Colo River** Sydney

Easy, flat canoe 13km

Peter Witt 6355 5144 (9am-9pm)

Upper Colo to Colo. Relaxing paddle & swim for whole family. Canoe hire avail thru leader. PFDs compulsory. Maps: Lower Portland & Mt Lagoon 1:25,000. Limit 12

March - April 2000

5 Mar Sun **Wollemi NP** Macarthur
Easy day walk 7km
Diane Jeffs 4625 8076
Mountain Lagoon - Bilpin. A pleasant walk along a fire trail out to a lookout over the Colo River. Great views

4-5 Mar Sat/Sun **Blue Mountains NP** Sydney
Full pack 600m asc 20km mainly on tracks, 3 river crossings plus rock hopping
Pierre Lang 9824 0453 (7-9pm)
Carlons Farm - Breakfast Ck - Coxs R - Jenolan River + Gorge - Ironmonger Hill - Tinpot Mtn - Carlons Farm
Some beautiful scenery to Coxs River and nice views over river valley, all not far from Sydney. Maps: Jenolan, Blue Mts NP, M Dunphy Gangerang (sketch). Limit 8

3-5 Mar Fri/Sun **Blue Mountains NP** Sydney
Folk music/easy day walk 7km steep descent 170m
Jenny Rich 9874 9821 (8-9pm)
Comfortable cottage accom. Folk music concert plus day walk Sunday, from Echo Point to Scenic Railway via Federal Pass. Please book early to reserve accom, and pay deposit. Limited to small group

7 Mar Tue **Royal NP** Sydney
Easy/med walk or rowing 6-12km circular trip
Jean Blackman
8.36am train (suburban) to Loftus ETA 9.12am meet leader, walk to Audley then row up to Head of Navigation. Walkers come via Robertsons Knoll, all meet for lunch and swim at Kangaroo Creek

8 Mar Wed **Blue Mountains NP** Sydney
Day walk 100m asc 12km mostly roads or tracks, approx 3km off track on steep ridge with loose leaves underfoot
Ralph Newbould 9579 4889 not Tue eve and never 6-8pm, ph only if query
Glenbook - Blue Pool - Portal Lookout - Tunnel View Lookout - Glenbrook Creek - climb out to Glenbrook Stn
8.22am train Central (country platform) ETA 9.18am
Glenbrook. Map: Penrith 1:25,000

8 Mar Wed **Managing the Future Nature, Parks & People**
NPA Lecture Series, 7pm Theatre, Australian Museum (enter from William Street) Member Concession \$8. Tea/coffee from 6.30pm. Details Sydney Branch Newsletter or phone Vivien 9328 0718, Prudence 9451 4028

9 Mar Thur **Northern Beaches** Sydney
Easy day walk 4-6km 150m asc
Jean Blackman
Meet leader Carrington St Wynyard for 8.40am bus 190 to Palm Beach ETA 10.08am. Climb Barrenjoey then down to beach for swim, relaxed day

11 Mar Sat **Blue Mountains NP Part 1** Sydney
Med day walk 100m asc/desc 12km, creek & off track walking
Jean Blackman
8.02am train Central (country plat) to Blaxland ETA 9.07am, meet leader for walk down rocky creek, up to Glenbrook via Duckhole

Grading system for walks

A single grading system suitable for all people and all activities is not possible. Instead, NPA activities are described by the three factors - distance, ascent and terrain - which most determine the overall difficulty.

- *Total length of the walk* in kilometres giving walkers some idea of the amount of walking and the speed intended by the leader.
- *Total ascent* in metres expected during the walk.
- *Type of terrain* giving the most apt description of the walk. When required further details are given in the description of the trip.

Potential hazards on activities

Whilst walks vary greatly in difficulty, dangers such as poor weather, river crossings, rock climbing and other hazards can be encountered and cannot always be anticipated. Participants on NPA activities must ensure that they have adequate fitness and that they are suitably equipped. Participants must also make sure that they are aware of the conditions likely to be encountered and have adequate experience for the activity which they intend to undertake. In doubt, participants should speak with the leader for further information.

Bookings

Please give reasonable notice to leaders if you wish to join an activity, and verify all transport and meeting details. People leading activities for the NPA do so on a voluntary basis and may decline any person's request to attend. The leader's permission must be obtained before inviting friends or bringing children on activities. Please follow any restrictions of the times at which leaders wish to be contacted.

Search and Rescue

Leaders should leave full details of their trip with a responsible person. The NPA is affiliated with the Confederation of Bushwalkers, which maintains a voluntary Search and Rescue section to assist those in difficulties in the bush. In the event of an overdue party or other incident ring the following NPA contacts:

Lyn Gett: 9797 7845

David Shepherd: 4226 6565

Richard Thompson 9213 8033 (W), 9144 1392 (H)

You may also contact Search and Rescue via pocket pagers by phoning 016 020 from anywhere. Ask the operator to send your message (including return phone number) to pager number 277 321.

LIABILITY

Every person participating in an activity conducted by the National Parks Association of NSW Inc does so as a volunteer in all respects, and as such accepts responsibility for any personal injury, however incurred. The Association, its office bearers and walks leaders cannot accept liability in regard to any injury or damage suffered by any person while engaged in any NPA activity.

- 11 Mar Sat **Royal NP** Illawarra
12km, 100m asc
Pam Robinson 4284 1662
Meet southern end Lady Carrington Walk, Forest Path, walk to Limestone Cave, Palona Falls, return
- 11 Mar Sat **Royal NP** Illawarra
12km 200m asc/dsc
Wes Sweet 4272 2625
9.30am Garrawarra Ranger Stn carpark walk via Thelma Ridge to South Era, Burning Palms & return, may swim
- 12 Mar Sun **Ku-ring-gai Chase NP** Sydney
Med day walk 200m asc 12km tracks, fire trails
Norma Whitmore 9872 4679 no need to contact
Train Central 8.47am to Cowan Station 9.40am, Check!
Walk to Hawkesbury R Stn via GNW. Steep climb early
- 12 Mar Sun **Cowan area** Sydney
Basic map reading and navigation day 150m asc 4km
some steep tracks, some off track
Ian Svenson 4324 2486 (9am-9pm)
Learn to read/use maps, compasses in the bush, incl basic "lost" procedures. A hands-on day with ex-cartographer. Bring CMA map 1:25,000 Cowan, compass, 2B pencil, rubber, notepad. Beginners and others. Limit 10
- 12 Mar Sun **Wollemi NP** Sydney
Med 20km 300m asc (optional) undulating, firetrail, walking track
Jan Mohandas (h) 9871 6968 (w) 9515 7640
Mountain Lagoon - Mailes Ridge - Colo River and return
Many lookouts, lovely views. Map: Mt Lagoon. Limit 20
- 11-12 Mar Sat/Sun **Blue Mountains NP** Sydney
Pack walk 100m asc 22km fire trail
Malcolm January 9416 7915 (6.30-9.30pm)
Leave Sat lunchtime for end of Narrowneck, camp for night & return next day. Aim is to watch/photo sunset & sunrise. May be cancelled if weather unsuitable. Limit 20
- 11-12 Mar Sat/Sun **Kanangra Boyd NP** Sydney
Pack walk 700m asc some off track
Henry Roda 9948 2715
Morong Deep perfect for summer, with only 3km access.
Scenic river, chances to cool off & good campsite. 6km slog to get out. Maps: Yerranderie Kanangra. Limit 10
- 14 Mar Tue **Central Coast** Sydney
Easy/med 12-14km
Jean Blackman
- 7.50am train Central (country plat) to Gosford. Meet leader for 9.25am red bus No 21 to Bateau Bay, ETA 10am. Walk beaches, rocks to The Entrance, bus return
- 15 Mar Wed **Ku-ring-gai Chase NP** Sydney
Med 13km 100m asc all on tracks except 1km off track with steep climb, some tracks exposed roots & slippery
Ralph Newbould 9579 4889 not Tue eve and never 6-8pm. Phone only if query
The Basin - Portuguese Bch - Towlers Bay LO - America Bay & back. 8.31am Central, 9.04am Pymble Stn; cars RHS Grandview St. Bring car if poss! Cars will drive to West Head Rd. Meet Bairne Track (Footprint track No 8)
- 15-16 Mar Wed/Thur **Blue Mountains NP** Sydney
Med 2 day lilo trip 25km some wading/rock hopping
Peter Witt 6355 5144 (9am-9pm)
Upper Wollongambe River, Clarence to Mt Wilson
A good mid-week break. Map: Wollongambe 1:25,000
- 18 Mar Sat **Blue Mountains NP Part 2** Sydney
Med day walk 10-12km, creek/trackless walking
Jean Blackman
9.02am train Central (country plat) to Glenbrook ETA 10.02am, meet leader for rock walk down Glenbrook Gorge up to Lapstone, swim possible
- 18 Mar Sat **Royal NP** Southern Sydney
Day walk 50m asc 10km track/beach
Peter Vaughan 9528 7341 (7-8pm) or (w) 9551 4589
Bundeena Dr-Deer Pool-Marley Lagoon-Little Marley Bch -return. Magnificent forest to remote bch for lunch/swim. Lift poss from Sutherland Stn. Map: Royal NP. Limit 20
- 18 Mar Sat **Lane Cove River Valley** Sydney
Easy/med walk 14km on tracks
Norma Whitmore 9872 4679 no need to contact
Thornleigh to Lane Cove River SRA via GNW
8.57am train Central via Strathfield to Thornleigh Station 9.50am. Check! Buses to Chatswood, Macquarie Centre and Eastwood to finish
- 18 Mar Sat **Popran NP** Sydney
Med/walk 400m asc 14km fire trails/tracks
Roy Jamieson 4323 7654 or 0427 041466
Round Mt Olive nr Mangrove Mtn. This NP only 6 years old. Several views, visit Popran Ck, may see platypus. Exp walkers only. Map: Mangrove CMA. Limit 12
- 19 Mar Sun **Blue Mountains NP** H'bury/C'land
Canyon 300m asc 5km, some scrub

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Phone:

Cremorne 9953 6474
Naremburn 9436 0306

Rick Jamieson 4572 1321 any time
Ranon Brook Canyon. A pleasant canyon with 4 easy
abseils, a couple of short swims and an interesting exit
up Mistake Ravine. Map: Mt Wilson. Limit 14

19 Mar Sun **Heathcote NP** Sthn Sydney
15km walk 100m asc trackless
Brian Everingham 9520 9341
Woronora R - Needles to Heathcote NP. Stunning wild
river. Some not in NP but you'll see why it should be

19 Mar Sun **Illawarra Escarpment** Syd/Blue Mts
Easy day walk 200m asc 15km all on paths
Judith & Nick Hill 4739 2871 around 7pm
Wodi-Wodi track, a circular walk based at Stanwell Park
Station. Rainforests, railway tunnels, beaches; swimming
in afternoon. Long climb up to the station

18-19 Mar Sat/Sun **Barrington Tops NP** Blue Mts
2 day pack walk, tracks/trackless
Mark Goodson 4739 3898 (7-8.30pm Mon-Fri)
Mountaineer Trail - Wangat River - Wangat Road
Some of finest subtropical rainforest in NSW - pristine
waters, crystal clear pools/cascades. Abundant birdlife &
the odd platypus. Map: Chichester 1:25,000. Limit 12

18-19 Mar Sat/Sun **Beecroft Peninsula** Illawarra
Car camp at caravan park
Teddy Curtis 4229 7509 (7-9pm)
Currarong. Walks at beautiful Abraham's Bosom & Hon-
eymoon Bay, plenty of swimming. Fees apply. Limit 15

21 Mar Tue **Georges River NP** Sydney
Med day walk 10km
Jean Blackman
8.28am train Central (sub plat) East Hills line to Camp-
belltown, meet leader for 9.25am bus to Woolwash to
explore upper Georges River and O'Hares Creek

22 Mar Wed **Morisset** Sydney
13km, 100m asc all on tracks some exposed roots and
loose stones
Ralph Newbould & Bill Scott 9579 4889 not Tue eve and
never 6-8pm. Phone only if query
Morisset - Woods Point - Lake Macquarie - Morisset
8.16am Central (country plat) 10.07 Morisset for start.
Ret from L Macquarie by bus 2.58pm for 3.18pm train

23 Mar Thur **Blue Mountains NP** Sydney
Easy day walk 11km 290m asc tracks
Norma Whitmore 9872 4679 no need to contact

Lapstone - Zig Zag Railway - Elizabeth Lookout - Old
tunnel - Lapstone Station. Train dep Central 9.02am but
check! Meet Lapstone Station 10am

25 Mar Sat **Ku-ring-gai Chase NP** Sydney
Easy day walk 11km on tracks
Jenny Rich 9874 9821 (8-9pm)
Mt Kuringai to Berowra via Cowan Creek
Travel by car or train. Walk in dry sclerophyll forest then
beside Cowan Ck, up Waratah Gully. Lovely water views.
Map: CMA Ku-ring-gai Chase NP. Limited to small group

25 Mar Sat **Blue Mountains NP** Sydney
Walk 500m asc 11km, only 3km easy walking, otherwise
creek walking, rock hopping, rock scrambling
Henry Roda 9948 2715
Birrabang Brook/Canyon - Grose R/Gorge - Pierces Pass
Birrabang Brook/Canyon exciting but not easy. 1km of
Grose R rock hopping/crossings. Will be long day; guar-
anteed out before midnight! Map: Mt Wilson. Limit 10

25 Mar Sat **Megalong Valley** Sydney
Med walk 1 X 600m asc 2 steep desc 22km on tracks
Arthur Anderson 9624 1296 after 7pm
Carlons - Ironpot Mtn - Ironmonger Hill - Coxs R - Blue
Dog Spur - Knights Deck - Blackhorse Ridge - Carlons
Circular walk through some of the spectacular Wild Dog
Mtns. Great views. Must be fit. Map: Jenolan. Limit 15

25 Mar Sat **Blue Mountains NP** Sydney
Med day walk 450m asc 16km fire trail, track/off track
(mild scrub), abseil, exposed cliff track, steep asc
Peter Fox (h) 9799 9402 (w) 9662 5741
Cliff Drive - Narrow Neck - Diamond Falls - Redledge
Pass - Rock Pile Pass - Old Shale Railway - Devils Hole
One of the best walks. Rock Pile Pass has nice little 15m
abseil. Maps: Katoomba & Jamison. Limit 15

25 Mar Sat **Barren Grounds NR** Sthn Sydney
20km 100m asc tracked
Brian Everingham 9520 9341
We'll walk the rim, binoculars in hand, hoping for those
ground parrots and other goodies from this fabulous NR

26 Mar Sun **Blue Mountains NP** Sydney
Med day walk 350m asc 20km fire trail, track, off-track
and rock hopping
Helmut Pfeil 9713 9460 daytime and evening
Faulconbridge Ridge (Grose Rd) - Grose R - Faulcon-
bridge Pt - return. Fire trail, historic track, along Grose
R, chance of a swim. Can visit Wentworth Cave (extra
4km). Maps: CMA Springwood & Kurrajong. Limit 15

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CUNNINGHAMIA

New version:
The 1999 summer edition ...

TWO DISKS SUPPLIED
1 with ad; other with fonts

See sample also

- 26 Mar Sun **Comerong Island NR** Macarthur
Easy day walk
Diane Jeffs 4625 8076
We will walk along the beach side of the island (near Nowra) and back on the inland track. Swimming!!
- 26 Mar Sun **Ku-ring-gai Chase NP** Sydney
Easy/med 200m asc 11km well established track requiring strong boots
Bill Hall 9481 0591 (6-7pm week of walk)
Mt Kuringai to Berowra via Apple Tree Bay
Pleasant walk along Cowan Creek, with morning tea at Apple Tree and a zig zag climb to Berowra Station.
Map: Bushwalks in the Sydney Region Vol 1
- 25-26 Mar Sat/Sun **South Coast Lakes** Illawarra
Base camp at cars, short scenic flat water paddles
Caryll Sefton 4284 2004
Camp at Durras Lake S c'van park, paddle on Meroo/Durras lakes. Swimming, short walks on coast & beach; lots of water birds, ducks, swans. PFDs compulsory
- 25-26 Mar Sat/Sun **Watagan SF - GNW** Sydney
2 day pack walk, D1 360m asc 18km on track and fire trail D2 70m asc 13km on road, fire trail and track
George Daniel 9449 4769 (7-9pm)
Up to and along Myall Range in Watagans to Mt Myall; GNW Section 5 Congewoi Creek (E) to Heaton Gap
Scenic eucalypt/raforest landscapes, views over lower Hunter Valley-Central Coast, Forestry campsite for night.
Maps: Quorrobolong CMA, DOCLM pamphlet. Limit 12
- 27 Mar Mon **Members' Evening** Sydney
We won't have a meeting this month as new venue will not be ready. Hope to see you at monthly get-together on 17 April: Peter Caldwell will talk about the Pyrenees
- 28 Mar Tue **Brisbane Water NP** Sydney
Easy/med day walk 12km
Jean Blackman
7.50am train Central (country plat) to Woy Woy ETA 9.10am, meet leader for 9.27 bus to the Rip Bridge, walk around mangroves to Hardy's Bay then Box Head; bus back to Woy Woy
- 29 Mar Wed **Blue Mountains NP** Sydney
Med day walk 300m asc 18km all tracks but very steep climb onto Mt Solitary
Ian Svenson 4324 2486 anytime 9am-9pm
Katoomba - taxi to Golden Stairs - Mt Solitary (lunch on top) - Landslide - Scenic Railway - taxi to Katoomba
6.57am train Central, meet Katoomba Stn 8.39am.
Magnificent views and beautiful bush but the climb onto Mt Solitary is not for the timid! Maps: Katoomba, Jamison 1:25,000. Limit 10
- 1 Apr Sat **Berowra Valley** Sydney
Easy/med day walk 200m asc 9km on tracks
Jenny Rich 9874 9821 (8-9pm)
Berowra to Mt Kuringai via Berowra Creek
Travel by car/train. Forest, mangroves, saltmarsh, Lyrebird Gully. One of best parts of Benowie Track. Maps: Hornsby, Cowan, Ku-ring-gai Chase NP. Ltd to small gp
- 1 Apr Sat **Blue Mountains NP
Six Foot Track in a Day** Sydney
Day walk 1,350m asc 43km all on tracks
Richard Thompson 9144 1392 (7-9pm)
Steve Bennetts 9411 4908 (evenings)
- Following last year's great success, it's on again! Limited backpacker accommodation at Jenolan for Saturday night after our celebration dinner. Bookings must close Mon 20 March. Helpers urgently needed
- 1 Apr Sat **South Coast** Sydney
Easy/med day walk 10km
Jean Blackman
8.44am train Central (country plat) to Port Kembla ETA 10.37am, meet leader for circular walk around rock platform and hill 60. Swim
- 2 Apr Sun **Brooklyn area** Sydney
Advanced map reading and navigation day 300m asc 7km all off track
Ian Svenson 4324 2486 anytime 9am-9pm
Exercise will be to navigate to remote lunch spot high above Hawkesbury R. We'll learn to fix position, determine direction, navigate in areas of magnetic anomaly and reduced visibility and do some advanced "lost" procedures. Intensive hands-on day with ex-cartographer, lots of practical work. Bring CMA 1:25,000 map Cowan, compass, 2B pencil, rubber and notepad. For people who can read a map and find north. Limit 10
- 1-2 Apr Sat/Sun **Kanangra Boyd NP** Sydney
Base camp near car 150m asc 13km all on tracks, some rock scrambling
Pierre Lang 9824 0453
D1: Kanangra Walls - Mt Berry. D2: Kanangra walk - Cottage Rock. From Mt Berry superb views over Gangarang Range; from Cottage Rock a 360° view of Kanangra area. Map: CMA Kanangra & Yerranderie. Limit 10
- 1-2 Apr Sat/Sun **Morton NP** Sydney
Easy/med 2 day canoe trip, 25km
Peter Witt 6355 5144 (9am-9pm)
Tallowa Dam, Shoalhaven R - a canoe trip with a difference. We'll paddle for 3½-4 hrs Fri night to excellent camp sites at head of dam. It seems like a long weekend with 2 nights in one camp, allowing plenty of time to relax/explore Sat. One of prettiest flat water paddles in NSW. Can hire quality/fast canoes through leader. PFDs compulsory. Maps: Caoura & Burrier 1:25,000
- 2-10 Apr Sun/Mon **Warrumbungle/
Mt Kaputar NP** I'warra
Easy & med day walks up to 15km, up to 300m asc
Graham Burgess 4261 5799
3 nights base camp at Warrumbungles, 5 nights base camp at Mt Kaputar. Explore two great NPs and local attractions. Camp fees. Deposit required on booking
- 4 Apr Tue **Royal NP** Sydney
Med day walk 100m asc/desc 10-12km
Jean Blackman
9.05am train Central (country plat) to Otford ETA 10.03am. Meet leader for circular walk via Hellhole to Werong, rock hop to Buloo up to Otford. Swim possible
- 5 Apr Wed **Brisbane Water NP** Sydney
Day walk 200m 13km on tracks, some eroded/slippery
Ralph Newbould 9579 4889 not Tues eve and never 6-8pm. Ph only if query
Wondabyne - Mt Wondabyne - Kariong Ck - Wondabyne
8.48am train Central (country plat). 9.50am Wondabyne where walk starts. Note: Travel in last carriage as short platform at Wondabyne. Map: NPA Bushwalks in the Sydney Region Vol 2

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call the NPA office on 02 9299 0000
or e-mail npansw@bigpond.com

- 8 Apr Sat **Royal NP** Sydney
Easy/med day walk 10-12km some off-track
Jean Blackman
8.50am train Central (suburban plat) to Engadine ETA
9.36am, meet leader for circular walk via Head of Navigation, back up creek to Horseshoe Falls. Possible swim
- 8 Apr Sat **Blue Mountains NP** Sydney
Easy/med day walk 200m desc 11km, tracks
Norma Whitmore 9872 4679 no need to contact
Springwood Stn - Sassafras Ck - Magdala Ck - Springwood Stn. Meet Springwood Stn 10.15am, train Central 9.02am but check! Optional 'watering hole' at finish
- 8 Apr Sat **Blue Mountains NP** Sydney
Day walk 20km 800m asc on tracks
Brian Everingham 9520 9341
Blackheath - Braeside Walk - Evans LO - Junction Rock - Govetts Leap
This is one of the classic walks of the Mountains
- 9 Apr Sun **Blue Mountains NP** Sydney
Day walk 400m asc 15km rough and slippery track
Malcolm January 9416 7915 (6.30 - 9.30pm)
From Narrowneck to Mt Solitary and return
Golden Stairway, views of Jamison and Megalong Valleys, Ruined Castle (time permitting). Limit 20
- 9 Apr Sun **Boxvale, Cave Creek** Illawarra
Two easy short walks, 10km and 3km, 30m asc
Pam Robinson 4284 1662, ring before Fri 4 April
Meet Boxvale Track head, Mittagong. Walk to Nattai LO, deviation to 40ft Falls. Aft opt walk to Cave Ck, Hilltop
- 8-9 Apr Sat/Sun Southern **Blue Mtns NP** Sydney
Med pack walk 650m asc 14km on and off track
Roy Jamieson 4323 7654 or 0427 041466
Yerranderie Rd - Kowmung R. One of the shorter routes to wilderness river. A wonderful, huge campsite. Experienced walkers only. Map: Yerranderie CMA. Limit 10
- 11 Apr Tue **Royal NP Part 1** Sydney
Med day walk 10-12km
Jean Blackman
9.05am train Central (country plat) to Waterfall ETA
9.50am. Meet leader, scramble down Kangaroo Creek up to Heathcote. Swim possible
- 12 Apr Wed **Suburban Sydney** Sydney
Day walk 70m asc 14km roads, tracks and boardwalks
Ralph Newbould 9579 4889 not Tue eve and never 6-8pm. Phone only if query
Riverwood to Panania via Salt Pan Creek. 8.44am Central (East Hills line) 9.04am Riverwood for start of walk
- 12 Apr Wed **NPA Lecture Series**
Managing the Future - National Parks & People
7pm Theatre, Australian Museum (enter from William Street). Member concession \$8. Tea/coffee from 6.30pm. Details Sydney Branch Newsletter or phone Vivien 9328 0718, Prudence 9451 4028; see ad p 12
- 13 Apr Thur **Central Coast** Sydney
Med day walk 10km circular
Jean Blackman
7.50am train Central (country platform) to Gosford, meet leader for red bus No 21 to Bateau Bay ETA 10am for rock hop around base of cliffs, walk back over top
- 15 Apr Sat **Nattai NP** Sydney/Blue Mts
Easy day walk 70m asc 12km along old railway
Judith & Nick Hill 4739 2871 around 7pm
The Boxvale Track, Welby to Mittagong
Easy walking out to the end of the railway. Back via the 40ft falls. The more energetic can visit the actual coal mine. BYO BBQ at finish. Map: Mittagong. Limit 25
- 15 Apr Sat **Wollemi NP** Sydney
Easy/med day walk, 2 dry canyons 200m 8km track/canyon/rockhopping
Graham Conden 9869 0834
Meet Clarence Zig Zag Station 9.30am, then cars into Wollemi - 2 canyons, Wolgan view and River caves. No abseils/no swims though you do get your feet wet. An opportunity to see the exotic beauty of canyons without the normal pain! Book early as will probably fill quickly. Maps: Cullen Bullen, Rock Hill. Limit 12
- 15 Apr Sat **Royal NP** Illawarra
12km undulating walk
Wes Sweet 4272 2625
Meet Wattamolla car park 9.30am, walk to Big Marley, Deer Pool ret via Little Marley to car park. Swim possible
- 16 Apr Sun **Royal NP** Sthn Sydney
Day walk 50m asc 9km tracks
Peter Vaughan (h) 9528 7341 (7-8pm) (w) 9551 4589
Grays Point ret via Temptation Ck, Bungoona path
Scenic walk along ck, through magnificent forest, along ridge - views over Hacking R. May be able to arrange lift from Sutherland Station. Map: Royal NP Tourist. Limit 20
- 16 Apr Sun **Stanwell Park** Sydney
Day walk 310asc 7km along beach and on track
George Daniel 9449 4769 (7-9pm)
Wodi-Wodi Track. Through scenic rainforest amphitheatre of Stanwell Ck Valley. Top South Coast scenery - see tallest railway viaduct in Australia, view Bald Hill/hang-gliders. Map: Appin CMA, 'Bushwalks Vol 2'. Limit 15
- 16 Apr Sun **Royal NP** Illawarra
25km walk with several 100m asc/desc
Des Towne 4261 5885
Classic coastal track walk from Otford to Bundeena via Palm Jungle & Burning Palms, Era etc. Limit 20
- 16 Apr Sun **Blue Mountains NP** Sydney
Medium 500m asc/desc 20km
Jan Mohandas (h)9871 6968, (w)9515 7640
Pierces Pass - Grose River - optional trip to Mt Victoria Waterfall
Fabulous lookouts and track walking along Grose River. Map: Mt.Wilson. Limit 20

Please remember to check all train and bus times in case of variation, because of the frequency of track work.

15-16 Apr Sat/Sun **Kanangra Boyd NP** Sydney
 Back pack 700m asc 14km track and off-track, steep sections, scrubby at places
 Henry Roda 9948 2715 until 9pm
 Start/exit Kanangra Rd via Colboyd Ridge and Wallarra Ridge. Desc to Central Christys via Colboyd Ridge and Mt Great Groaner (very steep - the name says it all). Great camping spot and water to enhance your scotch. On the walk out we have a close look at Barraliers Crown and Mount Barralier. Map: Yerranderie. Limit 10

15-16 Apr Sat/Sun **Greater Conjola** Sthn Sydney
 Brian Everingham 9520 9341
 Mystery walk in area requested by NPA for addition to reserve system through Southern CRA Forest process. Come and see why. Route determined closer to the time

17 Apr Mon **Members' Evening** Sydney
 The Pyrenees & Yosemite NP
 Welcome to our new meeting venue 1st floor, 280 Pitt St (cnr Pitt & Bathurst Sts) and hear Peter Caldwell describe his time in the Pyrenees. Tea/coffee from 6.30pm

18 Apr Tue **Royal NP Part 2** Sydney
 Med day walk 12km
 Jean Blackman
 8.36am train Central (suburban plat) to Heathcote ETA 9.20am, meet leader for circular walk down Kangaroo Creek to Head of Navigation, up to Heathcote via Olympic Pool. Swim possible

19 Apr Wed **Jannali Reserve** Sydney
 Day walk 100m asc 12km all on roads or tracks, some slippery with exposed roots
 Ralph Newbould 9579 4889 not Tue eve, never 6-8pm. Ph only if query
 Jannali to Sutherland via Bonnet Bay & Jannali Reserve 8.21am Central Illawarra line, platform 25. 8.52am Jannali. From station go over bridge and meet on RH side going from Sydney, no room LH side

20-25 Apr Easter **Oxley-Wild Rivers NP** Armidale
 Full pack walk 800m asc 50km mostly off track along rivers and open ridges
 Paul McCann 6772 6156 (7-10pm)
 Table Top - Narrow Neck Ridge - Apsley River - Macleay

OUTBACK EXPERIENCE

Cabins on the Opal Fields
 at Lightning Ridge NSW
 fossicking • bird watching • relax

ARTWORK NO 3
 CENTRE IN SPACE
 AS FOR SAMPLE

0419 666 203 bookings

River - The Cocks Comb - Table Top
 Spectacular views & walking along peaceful rivers. Two nights camping by rivers then high level camp near Cock's Comb; sunrise can be enjoyed by early risers. Numerous river crossings, wet feet. Maps: Winterbourne, Rowley's Creek, Kunderang, Carrai 1:25,000. Limit 10

21 Apr Good Friday **Ku-ring-gai Chase NP** Sydney
 Easy/med 200m asc 10km tracks, some rough
 Norma Whitmore 9872 4679 (h) no need to contact
 Berowra Stn to Mt Kuringai Stn via Cowan Water Train Central 9.15am, check! Meet Berowra Stn 10.15am

21-25 Apr Easter **Morton NP** Blue Mts
 5 day pack walk 70% tracks, rest trackless
 Mark Goodson 4739 3898 (7-8.30pm Mon-Fri)
 Mt Owen - Mt Tarn - Mt Haughton - Mt Elliott - Holland Creek Gorge - Crooked Falls - Mt Cole - The Castle - Kalliana Ridge
 On this grand tour of Budawangs we'll sample the natural wonders. Time for enjoying the spectacular scenery. Maps: Corang & Endrick, Budawang Sketch. Limit 12

21-25 Apr Easter **Kanangra Boyd NP** Sydney
 Full pack, creek and river, off track
 Richard Thompson (h)9144 1392 (7-9pm) (w) 9213 8033
 Kowmung River - Kanangra Creek circuit
 A five day walk along the middle/lower Kowmung and Kanangra Creek, starting from & returning to Kanangra Walls. A perfect way to spend an Easter break

21-29 Apr Fri/Sun **National Folk Festival** Sydney
 Car camping and easy day walks
 Jenny Rich 9874 9821 (8-9pm)
 3 days at Festival (Canberra), 1 day driving to Mimosa Rocks NP then 2 days of walks, 1 day driving to Booderee then 2 days of walks. Wonderful music followed by 2 beautiful coastal NPs. Limited to small group

22 Apr Sat **Woronora River** Sydney
 Easy/med walk 12-14km
 Jean Blackman
 8.50am train Central (sub plat) to Engadine ETA 9.36, meet leader. Circular walk via Woronora R. Possible swim

24 Apr Mon **Dharawal** Macarthur
 Easy day walk
 Diane Jeffs 4625 8076
 Iluka to Darks Forest. Part exploratory; car shuffle

25 Apr Tue **Blue Mountains NP** Sydney
 Easy/med day walk steep sections 10-12km
 Jean Blackman
 9.02am train Central (country plat) to Springwood ETA 10.20am meet leader. Circular walk via swimming holes

27 Apr Thur **Pennant Hills Park** Sydney
 Easy/med 10km approx on tracks
 Norma Whitmore 9872 4679 no need to contact
 Devlins Ck-Upper Lane Cove R Valley-Pennant Hills Park Meet Epping Station 10am. Train Central 9.27am, check! One stiff climb, finish Epping Station

29 Apr Sat **Botany Bay** Sydney
 Jean Blackman
 8.50am train Central (suburban plat) to Arncliffe ETA 9.02am, meet leader for level waterside walk around Botany Bay to Sans Souci via Muddy Ck. Possible swim

29 Apr Sat **Blue Mountains NP** Sydney
Medium day walk 300m asc 23km fire trails, tracks
Arthur Anderson 9624 1296 after 7pm
Katoomba to Carlons Farm via Narrow Neck, Taros
Ladder, Mt Debert, Breakfast Creek
Great scenery along Narrow Neck. Some exposure on
desc of Taros Ladder. Maps: Jamison, Jenolan. Limit 15

29 Apr Sat **Blue Mountains NP** Sydney
Med/hard 500m asc 18km track, fire trail, scrub, rough
trackless walking, scrambling
Peter Fox 9799 9402(h) 9662 5741(w)
Cliff Drive - Devils Hole - Six Foot Track - Redledge
Reserve - Mitchells Creek - Narrow Neck - Cliff Drive
Asc of Mitchells Ck is rough & includes climbing a tree.
A good walk. Maps: Katoomba and Jamison. Limit 12

29 Apr Sat **Popran NP** Sydney
Med day walk 400m asc 14km on/off track, exploratory
Roy Jamieson 4323 7654 or 0427 041466
Walk in S section, just N of Hawkesbury R Bridge. Exp
walkers. Maps: Gunderman & Cowan CMAs. Limit 12

30 Apr Sun **Ku-ring-gai Chase NP** Sydney
Easy/med 50m asc 10km rough section of GNW
Bill Hall 9481 0591 week of walk 6-7pm
Hornsby Station to Thornleigh Station. Only 50m asc
but a few of them

30 Apr Sun **Blue Mountains NP** Sydney
Day walk 200m asc 18km mostly fire trail
Malcolm January 9416 7915 (6.30-9.30pm)
Bell Station to (hopefully) Wollongambe Crater & return.
Rock formations, views of Wollongambe River. Limit 20

29-30 Apr Sat/Sun **Morton NP** Illawarra
2 day paddle, 24km flat water, swimming
Caryll Sefton 4284 2004
Paddle through magnificent Shoalhaven Gorge to beautiful
campsite at Fossickers Flat on L Yurunga. Opt short
side walks with some rock hopping. PFDs compulsory

29-30 Apr Sat/Sun **Central Coast** Sydney
Easy canoe 20km
Peter Witt 6355 5144 (9am-9pm)
Ourimbah Creek - Mangrove Creek - Wyong River
2 easy days exploring upper reaches of 2 Central Coast
creeks. 2 one day paddles; camping in c'van park or
private property. Suitable for beginners. Can hire canoe
thru leader. Map: Central Coast CMA Tourist. Limit 12

ADVANCE NOTICES

13-20 May **Lord Howe Island** Sydney
Joe Pike. Call Phillipa 9630 6769
Visit this fascinating island - breathtaking scenery, lovely
walks, coral viewing, excellent beaches. Approx cost
\$900 includes airfares, accom and taxes. Be early, last
trip booked out quickly

20-28 May **Mittagong to Katoomba** Sydney
160km track on and off
Bruce Howe 9331 5455(h)
Richard Thompson 9144 1392 (h - 7-9pm)
It's on yet again!! 9 days with some of the best scenery
in Blue Mtns. Wonderful rest day in Yerranderie, great
campsites. See how good a hamburger and champagne
in Katoomba can taste! Book early as trip very popular

1-15 June **Rockies & Niagara Falls** Sydney
Carole Russel 9980 9980
Explore wilderness states of British Columbia & Alberta.
Cost approx \$950 plus airfare. Limited to a small group

3-14 June **Cooloola NP Qld** Sydney
Peter Witt 6355 5144 (9am - 9pm)
7/8 days on the water paddling in one of those special
places. Excellent camping, still warm enough to swim. A
trip to remember and cherish. Canoe hire available

June, July, August **NT, WA NPs** Sydney
Joe Pike. Call Phillipa 9630 6769
From Alice Springs walk Larapinta Trail thru West Mac-
Donnell Ranges, approx 2 weeks. Then to Darwin, Kaka-
du, Bungles, Kimberleys, Broome, The Pilbara, probably
south to Perth. Will draft itinerary after discussion with
those participating. Interested in all or any part?

27 Sep - 9 Oct **Myall Lakes to Barrington Tops**
Daypack 9 days then 3 days med full pack
Andy Cairns 4758 7787 (h)
Guidebooks from Hanns Pacy 4997 0212 (h)
9th annual walk following the Tops to Myall Heritage Trail

YARRAWOOD -
DISK SUPPLIED
& SEE SAMPLE ARTWORK

Managing the Future: Nature, Parks and People

NPA presents Year 2000 lecture series

March 8	Ian Cohen MLC. Opening lecture. <i>Managing the future</i>
April 12	Dr Richard Kingsford NPWS. <i>Rivers and wetlands</i>
May 10	Speaker to be advised. <i>The Aboriginal community perspective</i>
June 14	Gary Schoer. <i>Community education, outreach and biodiversity</i>
July 12	Tim Anderson. <i>Marine parks: a future direction</i>
August 9	NPWS. <i>Ecotourism and national parks</i>
September 13	Dr Tim Flannery, author of <i>The Future Eaters</i>
October 9 (Mon)	Penny Figgis AM, conservationist and activist. <i>Closing lecture</i>

(Note: unless stated otherwise, all lectures will be held on a Wednesday evening)

Australian Museum Theatrette 7 pm (William Street entrance)

Members \$8.00 (\$5.00 concessions) Non-members \$10.00

(preference for popular lectures given to NPA members)

Enquiries: Vivien Dunne 9328 0718. Email dunnev@bigpond.com

NPA BRANCH MEETINGS

ARMIDALE BRANCH: Monthly excursions and newsletters, with quarterly meetings and social gatherings. Contact John Davidson 02 6772 1296 or Judy Grieve 02 6775 1205.

BLUE MOUNTAINS BRANCH: Apologies to all those who may have been inconvenienced by changes to arrangements. Currently no regular meetings. Contact the Branch Secretary, PO Box 148, Springwood 2777 with requests or queries, or to have your name put on the Newsletter list, which will publicise meetings for 2000.

CENTRAL COAST BRANCH: Third Thursday in March, May, July, September, November at 7.30pm, Bateau Bay Progress Hall.

CENTRAL WEST BRANCH: Second Friday of the month at 6-8pm, Bathurst Information and Neighbourhood Centre. Ph 02 6331 5284.

CLARENCE VALLEY BRANCH: First Monday of the month at 7.30pm, Grafton High School Common Room.

FAR NORTH COAST: Contact Hazel Bridgett 02 6629 5010.

FAR SOUTH COAST: Meetings every second month, field trip alternate months. Contact Kim Tayson, PO Box 797, Bega 2550.

HUNTER BRANCH: Contact Secretary, David Cater, on 02 4921 6376; or e-mail: ccdic@cc.newcastle.edu.au

HAWKESBURY-CUMBERLAND BRANCH: First Wednesday of alternate months (starting February) at 7.30 pm, Tebbutt Room, Windsor Library. Ph 02 4573 6169.

ILLAWARRA BRANCH: Contact President, Pam Robinson, on 02 4284 1662.

LACHLAN VALLEY BRANCH: Third Wednesday of the month at 7.30pm, Parkes Neighbourhood Centre.

MACARTHUR BRANCH: Second Wednesday of the month at 7.30pm, Campbelltown North Public School, corner Thomas St and Rudd Rd, Campbelltown.

MID NORTH COAST BRANCH: Third Monday of the month at 6pm; alternate months at 6.30 pm. Ring Gwen O'Dea 02 6583 2272, Mollie Rowell 02 6583 1427.

MILTON BRANCH: First Wednesday of the month at 7.30pm, Room 10, Ulladulla Primary School.

SOUTHERN HIGHLANDS BRANCH: Quarterly general meetings: 2000 - 2 February, 3 May, 2 August, 1 November. Contact Secretary, Kate Burnstein, on 4861 2132. (Note: this Branch used to be known as the Berrima Branch.)

SOUTHERN SYDNEY BRANCH: Slide show or general meeting, fourth Wednesday of the month (except school holidays) at 8pm, Multi-purpose Centre, 123 Flora St, Sutherland. Ph Peter Vaughan 9528 7341 for details.

SYDNEY BRANCH: See Members' Diary in *Sydney Branch Newsletter* and this Activities Program for details.

TAMWORTH-NAMOI BRANCH: Third Friday of the month at 8pm, No 1 Oval Pavilion Kable Avenue, Tamworth. Phone Ron Webster for details on 02 6766 4296.

THREE VALLEYS BRANCH: Third Tuesday of the month at 9.30 am, Lot 100, Grassy Head Road, Grassy Head (about 2 km from Scotts Head Rd turnoff).